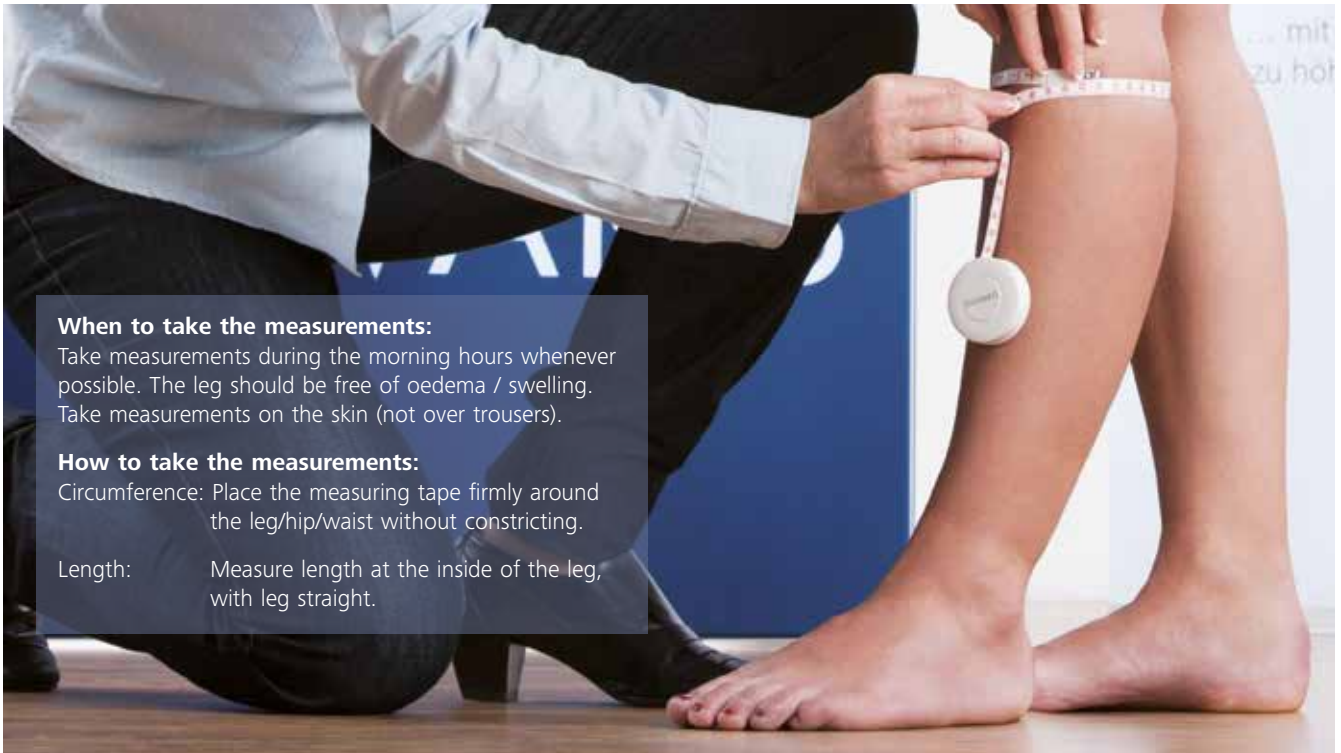


Taking measurements



When to take the measurements:

Take measurements during the morning hours whenever possible. The leg should be free of oedema / swelling. Take measurements on the skin (not over trousers).

How to take the measurements:

Circumference: Place the measuring tape firmly around the leg/hip/waist without constricting.

Length: Measure length at the inside of the leg, with leg straight.

